



— THE METHOD

SAS Method.

Our methodology to help you treat your patients effectively with aligners includes a full 12-month online program – a complete biomechanics training with on-going case reviews to support your clinical growth.

● 12-MONTH PROGRAM

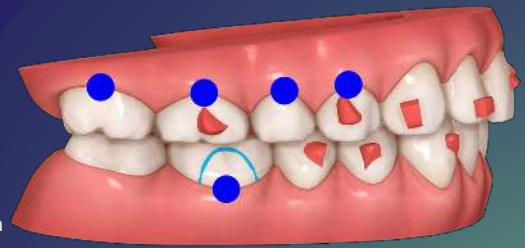
ONLINE

● LIVE MENTORSHIP

— WHAT YOU GET

Get your cases reviewed by our team and feel **100% confident** tackling any aligner case.

With this method, you'll dare to treat any malocclusion with aligners – discover how we're going to make it happen.



● 3D · CLINICAL PLANNING

FIG. 01

100%

CONFIDENCE

12

MONTHS

All

BRANDS

— THE TEAM

1:1 Sessions.

30-minute 1:1 sessions to review your aligner cases – no matter which brand you work with.

● 18
MENTORS

● ALL
SPECIALTIES



DR.
Enrique Lozano



DR.
Melina Moraiti



DR.
Andrea
Conigliaro



DR.
Riccardo
Capuozzo



DR.
Lucia Dieguez



DR.
Giorgio Comola



DR.
Martín
Pedernera



DR.
Miguel Pessanha



DR.
Nando Moraleda



DR.
Orestis Koutras



DR.
Pablo Lirio



DR.
Brian Parra



DR.
Stefano Marini



DR.
Víctor Guerrero



DR.
Mónica Pais



DR.
María Vilarrasa



DR.
Miguelina Lama



DR.
Rita Dias Lopes

— SELF-PACED LEARNING

Online Course.

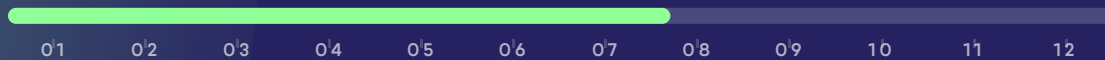
New classes will be unlocked progressively each month, so you can master the biomechanics of aligners step by step – not all at once. Each session is 40-50 minutes long.

● 23 LESSONS

● 40-50 MIN EACH

● MONTH 01 - START

MONTH 12 - COMPLETE →



01	Biomechanics principles	13	Managing open bite with aligners
02	Patient communication and motivation mastery	14	Overbite & deep bite correction protocols
03	Digital tools: enhancing case acceptance with visuals	15	Extractions in aligner therapy
04	Case selection: setting up for success	16	Interceptive and expansion strategies
05	Clincheck fundamentals: predictable virtual setups	17	Aligners in growing patients
06	Communication with CAD designer – digital prescriptions	18	Managing difficult movements and tracking issues
07	Staging and sequencing: efficient tooth movements	19	Elastics, buttons and auxiliaries with aligners
08	Attachments that work: design and optimisation	20	TADs and aligners: precision anchorage control
09	IPR: best practices for interproximal reduction	21	Integrating aligners with restorative & aesthetic dentistry
10	Managing crowding with aligners	22	Periodontal, TMD and complex cases
11	Diastema and spacing management	23	Retention and long-term stability after aligners
12	Crossbite correction in the digital age		

— INCLUDED AS A BONUS

Extra Classes.

Once you complete the core lessons, you'll
unlock additional classes to keep
deepening your knowledge.

01	Class II. Distalization monitoring and anchor management.	DR. PABLO LIRIO DEL SAZ
02	Class II. Frequent problems and auxiliary techniques.	DR. GÖZDE ÇOBANOĞLU
03	Aligners and skeletal anchorage for the sagittal control of the dentature.	DR. RICCARDO RIATTI
04	Torque control with aligners in crossbites.	DR. PABLO LIRIO DEL SAZ
05	Biomechanical keys and limits of cross-bites.	DR. PABLO LIRIO DEL SAZ
06	Aligners and skeletal anchorage for the transversal control of the dentature.	DR. RICCARDO RIATTI
07	Predictability of vertical movements: anterior intrusion vs posterior intrusion.	DR. STEFANO MARINI
08	Efficient biomechanics for the closure of open bites.	DR. STEFANO MARINI
09	Mandibular Advancement.	DR. NELLY DIKOVA
10	Combined orthopedic and aligner treatments.	DR. GÖZDE ÇOBANOĞLU

— WEEKLY MEETINGS

Group clinical sessions.

Every week, you'll connect with **Dr. Mónica Pais** to review your cases and explore those of your colleagues – learning not just from your own experience, but from the entire community.

You'll receive a monthly calendar showing all group session dates, held one or two times per week.

● WEEKLY SCHEDULE EXAMPLE



● ALL SESSIONS ARE RECORDED



CLINICAL LEAD

Dr. Mónica Pais.

● 1 - 2* PER WEEK

— ALWAYS ON

Exclusive 24- hour Mentor Support.

Gain **direct access** to a private chat with each mentor to get help with any clinical question.



— RESPONSE TIME

Receive answers to your clinical doubts in **under 24 hours**, every day of the week.

— EXAMPLE QUESTIONS YOU CAN ASK



Can this case be treated with aligners?

→ REPLY



Where do I buy a screw kit?

→ REPLY



How do I make this ClinCheck predictable?

→ REPLY

— ASYNC SUPPORT

Video Diagnosis.

If you encounter doubts about a case and are unable to join a 1:1 or group session, **upload your case** to our platform. Within **72 hours**, you'll receive a detailed **10-15 minute video** with thorough explanation and guidance.



● EXAMPLE OUTPUT

A personalised **case diagnosis**, recorded for you by Dr. Melina Moraiti.

- RECORDED
- 10-15 MIN LENGTH

★ PREMIUM VIP ONLY

— HANDS-ON EXPERIENCE

Training at Dr. Pablo Lirio's clinic: Athens Dental Care.

A two-day immersion · several dates to choose from.



Dr. Pablo Lirio.

2-DAY

DAY 01 · 10:00 – 20:00

DAY 02 · 10:00 – 18:00

Day 01

— INTRODUCTION

- Our way of thinking
- Optimized vs conventional attachment
- Treatment phases (A.A.)
- ADC clinical workflow

— FIRST CONSULTATION

- 40'-60' minutes appointment
- Records + Align Digital Tools
- What to explain to the patient
- Pricing & Payment Plan
- Team work

— START OF THE TREATMENT

- Scanning appointment
- First aligners

● CLINCHECK REVIEW · 90'

Day 02

— MONITORING

- Appointment schedule
- Virtual care
- Workflow Integration on the Clincheck

— END OF TREATMENT & RETENTION

- Options & prices: Basic vs Premium
- Final records
- Retention visits

— CLINICAL APPROACH

- Growing patients: First & Teen
- Multidisciplinary cases
- Smile Architect

● CLINCHECK REVIEW · 90'

● LIVE PATIENTS · 15:00 - 20:00

— SAS METHOD 3.0

Compare plans.

Both plans include the complete online program. The **Premium** plan adds in-person training with Dr. Pablo Lirio in Athens.

- FEATURES What's included	PLAN A Standard	PLAN B · VIP ★ Premium
01 Group sessions with our mentors	✓	✓
02 Online training (50+ hours)	✓	✓
03 Community chat	✓	✓
04 3 one-on-one sessions per month	✓	✓
05 Mentor private chat	✓	✓
06 12-month progressive program	✓	✓
07 In-person training with Dr. Pablo Lirio (Athens)	-	✓

— LET'S TALK

Need more information?

We'd love to answer any questions about the program. Send us a message directly on WhatsApp and we'll get back to you as soon as possible.



WHATSAPP · DIRECT LINE

+34 682 75 23 71



— YOU'LL TALK
WITH

**Josema · Program
coordinator**

● 01 · PRICING

Program pricing and
Premium VIP add-ons.

● 02 · DATES

Next available start dates
and groups.

● 03 · ANYTHING

Curriculum, mentors or any
other doubt.