

Our methodology to help you treat your patients effectively with aligners includes a full 12-month online program – a complete biomechanics training with on-going case reviews to support your clinical growth.



**SAS**

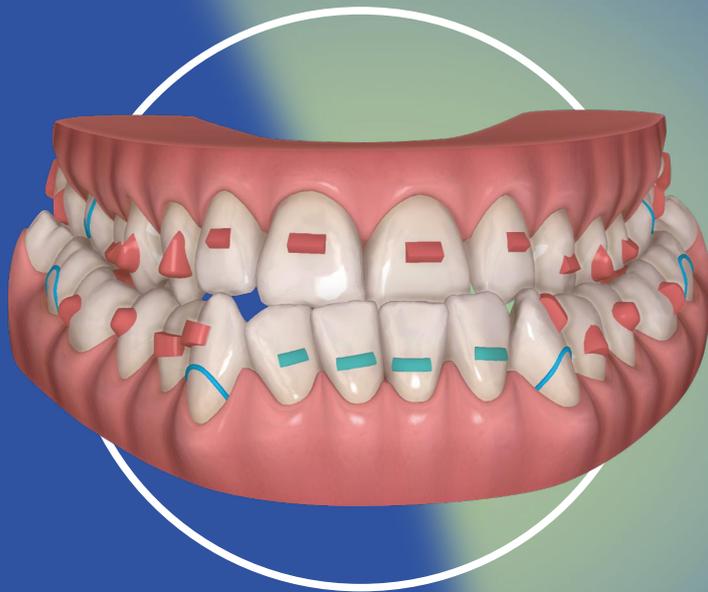
**METHOD**

**3.0**

Get your cases reviewed  
by our team and feel 100%  
confident tackling any  
aligner case.

With this method, you'll dare to  
treat any malocclusion with  
aligners — discover how we're  
going to make it happen.

Discover everything that's  
included in this method



# 1:1 sessions

30-minute 1:1 sessions to review your aligner cases — no matter which brand you work with.



Dr. David Castellanos



Dr. Melina Moraiti



Dr. Andrea Conigliaro



Dr. Brian Parra



Dr. Curro Segura



Dr. Giorgio Comola



Dr. Martín Pedernera



Dr. Miguel Pessanha



Dr. Nando Moraleda



Dr. Orestis Koutras



Dr. Pablo Lirio



Dr. Riccardo Capuozzo



Dr. Stefano Marini



Dr. Víctor Guerrero



Dra. Monica Pais



Dra. Elvira Antolín



Dra. María Vilarrasa



Dra. Miguelina Lama



Dra. Rita Dias Lopes

# Online Course

Every month, new classes will unlock to help you master the biomechanics of aligners step by step. Each session is 40–50 minutes long, guiding you to become an expert in clear aligner orthodontics.

1. Biomechanics principles
2. Patient communication and motivation mastery
3. Digital tools: enhancing case acceptance with visuals and simulations
4. Case selection: setting up for success
5. Clincheck fundamentals: the foundation of predictable virtual setups
6. Communication with CAD designer - effective digital prescriptions
7. Staging and sequencing: planning efficient tooth movements
8. Attachments that work: design, function and optimisation
9. IPR: best practices for safe, effective and minimal interproximal reduction
10. Managing crowding with aligners
11. Diastema and spacing management
12. Crossbite correction in the digital age
13. Managing open bite with aligners
14. Overbite & deep bite correction protocols
15. Extractions in aligner therapy
16. Interceptive and expansion strategies: the new frontier
17. Aligners in growing patients
18. Managing difficult movements and tracking issues
19. Elastics, buttons and auxiliaries with aligners
20. TADs and aligners: precision anchorage control
21. Integrating aligners with restorative and aesthetic dentistry
22. Periodontal, TMD and complex cases: what to consider
23. Retention and long-term stability after aligners

## Sagittal

Dr. Andrea Conigliaro  
Class II. Diagnosis and planning keys with aligners

Dr. Pablo Lirio del Saz  
Class II. Distalization monitoring and anchor management

Dr. Gözde Çobanoğlu  
Class II. Frequent problems and auxiliary techniques

Dr. Andrea Conigliaro  
Class III. Handling problems and skeletal anchorage

Dr. Riccardo Rialti  
Aligners and skeletal anchorage for the sagittal control of the dentature

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## Transversal

Dr. Pablo Lirio del Saz  
Torque control with aligners in crossbites

Dr. Pablo Lirio del Saz  
Biomechanical keys and limits of cross-bites

Dr. Maximilian Küffer  
MARPE Indications and application protocol

Dr. Maximilian Küffer  
Integration of MARPE in treatments with aligners

Dr. Riccardo Rialti  
Aligners and skeletal anchorage for the transversal control of the dentature

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## Vertical

Dr. Stefano Marini  
Predictability of vertical movements: anterior intrusion vs posterior intrusion

Dr. Andrea Conigliaro  
Strategies for closing open bites with aligners

Dr. Stefano Marini  
Efficient biomechanics for the closure of open bites

Dr. Javier Lozano  
Differences Between Braces and Aligners in Overbite Correction.

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## Growing Patients

Dr. Nelly Dilková  
Mixed dentition treatments

Dr. Gözde Çobanoğlu  
Combined orthopedic and aligner treatments

On top of all that, you'll also gain access to a collection of written resources — including detailed documents, clinical protocols, reference books, and exclusive written content designed to complement and deepen your learning experience.

# Group clinical sessions

Every week, you'll connect with Dr. Mónica Pais to review your cases and explore those of your colleagues — learning not just from your own experience, but from the entire community.

We'll provide you with a monthly calendar showing all group session dates, held one or two times per week.

Dr  
Mónica  
Pais



# Exclusive 24-Hour Mentor Support

Gain direct access to a private chat with each mentor to get help with any question:

**Can this case be treated with aligners?**

**Where do I buy a screw kit?**

**How do I make this ClinCheck predictable?**

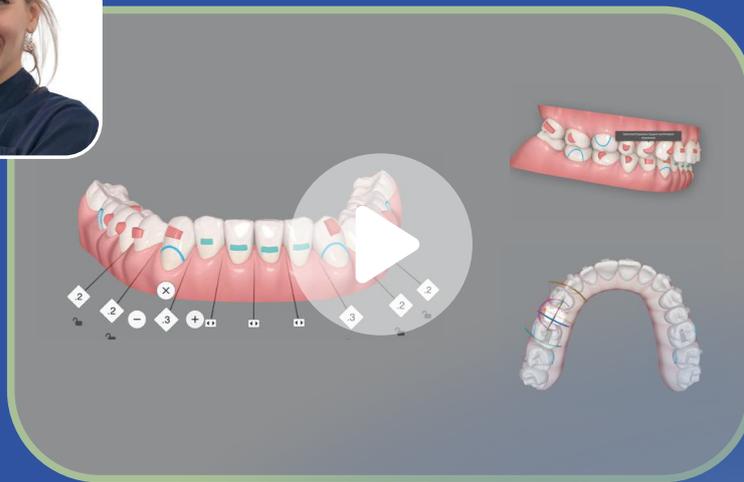
Enjoy the advantage of receiving answers to your clinical doubts in under 24 hours — a truly unique opportunity.

# Video Diagnosis

If you encounter any doubts about a case and are unable to join a 1:1 or group session, you may upload your case to our platform. Within 24 to 48 hours, you will receive a detailed 10–15 minute video with a thorough explanation and guidance.



Dra. Melina  
Moraiti



## Enrollment

Weekly group sessions to review real cases, exchange ideas, and grow together as clinicians

# Video diagnosis

## 3-4 exclusive 30 minute sessions

with leading orthodontic experts specializing in aligner therapy.

## Private chat

rooms and clinical video sessions for personalized guidance and deeper clinical understanding

## An immersive online training programme

featuring over 50 hours of dynamic, expert-driven content designed to elevate your aligner expertise.

## Clinical protocols

and exclusive written materials

Schedule your call to get our best offer and discover how our approach can help you grow:

[CLICK HERE](#)



Please note:  
the program has a one-year duration and is not a recurring subscription.